

traditional In Vitro Fertilization (IVF) procedure with an Extend Fertility partner center or an IVF clinic of her choice. In IVF, eggs are thawed and mixed with the partner's sperm outside the body. These fertilized eggs mature into embryos, of which one to three are then transferred to the uterus for implantation and development into one or more babies. Over 100,000 IVF procedures are performed each year and more than 1,000,000 babies have been born through IVF. It is a safe and proven process, with no evidence of higher birth defect rates among the babies born using this method.

Can a woman safely carry a child to term in her 40's?

Most women in their 40s are not able to successfully carry a "natural" pregnancy to term. However, when these women use donor eggs from younger women, they can achieve the same pregnancy success rates as women in their 20's. This demonstrates that the primary cause of infertility and miscarriages for older women is the quality/age of the egg. Extend Fertility provides a way for those younger, "donor" eggs to be the mother's own eggs that have been harvested at a younger age and kept essentially ageless using cryopreservation technology.

What is the first step in the process?

Contact Our Client Care Coordinators at 800-841-7197 to Get Started

Egg Freezing Client Profiles

Megan (Woman age 36), Classical Acupuncturist Seattle, Washington WA (USA)

On why she decided to participate in [egg freezing](#) with Extend Fertility:

"I was starting to feel that my desire to have children was putting pressure on my current relationship... deciding to participate in egg freezing helped me to separate the issues – yes, I want to have children, yes, I am in a relationship, but my desire to have children shouldn't cloud whether we should be having children together. I don't want to have children until I feel emotionally and financially prepared."

On how she feels now:

"Egg Freezing are a very empowering processes. I know there are no guarantees in this world, but it is a fantastic feeling to know I've done what I can to preserve my fertility along the way. Somehow egg freezing was really affirming of what I want in my life, even though I am not having children right this minute. I know I want to be a mother more strongly than when I began... It has removed some of the judgment of myself and self-criticism of wishing I had done this or that differently, or some blame I've placed on myself for not having children yet. I feel far less anxious about the future, no matter what the outcome - whether I get pregnant naturally at some point, whether I use these eggs, whether I adopt. Now it's just more about becoming a mother eventually than judging my body for being not the "perfect" age biologically."

On working with Extend Fertility in Egg Freezing:

"I felt very supported by the women at Extend Fertility - like they were truly my partners in this adventure, their egg freezing services help me and women like me to have more choices in the future. The women at Extend are smart, capable, kind women, there to help me achieve this thing I want. Working with Extend Fertility was so refreshing compared with trying to explain to others, even doctors, why I was worried about my fertility, and not having them get it or just give trite answers (like, "why make a such a big deal about this?", "you're plenty young", etc.). I really liked having these women support me in making the possibility of egg preservation and egg freezing real."

On advice for women considering egg freezing with Extend Fertility:

"Listen to yourself. Consider what is most important to you, and don't worry about what other people have to say about it. Nobody can know but you what is truly important to you and how you want to make that happen. When I decided on egg freezing and that I was going to do it, and was in the process of it, I talked very openly to people about it as it was happening... At the coffee shop...how are you today? I'm great! I'm freezing my eggs! Because I found the experience totally empowering."

Alexandra (Woman age 34), Pharmaceutical Sales Boston, Massachusetts MA (USA)

On why she decided to freeze her eggs by egg freezing:

"Having a family has always been incredibly important to me and working in the medical community made me all too aware of the fact that my aging eggs could potentially jeopardize that dream. I also didn't want to rush into a marriage that wasn't right solely to have children. Egg freezing has removed the pressure."

On how she feels now:

"I feel truly amazing...Relieved! I work in the women's health care arena so I'm constantly bombarded

